

# Sunday, March 17, 2024 – Fifth Sunday in Lent

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## LINKS TO BENNETT'S PLAYLISTS ON SPOTIFY

Prelude: <https://open.spotify.com/playlist/6RjzpbK4rZJSXTYm2UH8>

Postlude: <https://open.spotify.com/playlist/OiFAY3kf0RhZlITLjOskWY>

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## GATHERING HYMN: “The Word of God Is Source and Seed”

by Delores Dufner and David Hurd

*The Word of God is source and seed;  
it comes to die and sprout and grow.  
So make your dark earth welcome warm;  
root deep the grain God bent to sow.*

*Gaudeamus Domino, gaudeamus Domino,  
gaudeamus Domino!  
(In the Lord let us rejoice!)*

*The Word of God is breath and life;  
it comes to heal and wake and save.  
So let the Spirit touch and mend  
and rouse your dry bones from their grave.*

*The Word of God is flesh and grace,  
who comes to sing, to laugh and cry.  
So dare to be as Jesus was,  
who came to live and love and die..*

“The Word of God is Source and Seed” is a contemporary Lenten hymn with text by Delores Dufner (born 1939) and music by David Hurd (born 1950).

Dufner wrote the text in 1983, after the death of her father. The text is based on Ezekiel 37:1–14, Mark 4:3–20, John 1:1–18, and 1 John 1:1–4. It conveys images of springtime and renewal, themes appropriate for Lent.

Dufner says that for her, “one of the greatest gifts of Vatican II was the ‘opening up’ of scripture. Hearing chapter 37 of Ezekiel powerfully proclaimed shortly after Vatican II, I understood that the Word of God could bring new life even in apparently hopeless situations.”

The hymn was first published (with a different tune) in *Benedictine Book of Song II* (1992). David Hurd composed the present tune, “Gaudeamus Domino,” for the ELCA’s 1995 supplemental hymnal *With One Voice* (WOV 658). It was reprinted in the ELCA’s 2006 hymnal *Evangelical Lutheran Worship* (ELW 506).

Delores Dufner is a Catholic nun in the Order of the Sisters of St. Benedict at St. Benedict’s Monastery in St. Joseph, Minnesota. She is a graduate of the College of St. Benedict (St. Joseph, Minnesota) and earned master’s degrees from St. Joseph’s College (Rensselaer, Indiana), and the University of Notre Dame.

Dufner was liturgical coordinator for St. Benedict’s Monastery from 1973 to 1979 and the director of the Office for Worship for the Roman Catholic Diocese of St. Cloud, Minnesota from 1979 to 1989.

Since 1992, Dufner has been a hymnwriter and faculty member at the College of St. Benedict and at St. John’s University (Collegeville, Minnesota). She holds contracts with more than 20 publishers of church music and has published four hymn collections: *Sing a New Church* (1994); *The Glimmer of Glory in Song* (2004); *And Every Breath, a Song* (2011); and *Criers of Splendor* (2016).

In 2017, Dufner received the Christus Rex (“Christ the King”) award from Valparaiso University (a Lutheran school in Indiana).

David Hurd is a composer, organist, choral conductor, and teacher. He was educated at the High School of Music & Art in New York City, the Juilliard School, Oberlin College, and the University of North Carolina at Chapel Hill.

For nearly four decades, Hurd was professor of sacred music and director of chapel music at the General Theological Seminary (Episcopal) in Manhattan. He was also the organist and director of music at the Church of the Holy Apostles (Episcopal) in Chelsea until 2013. He is currently the organist and director of music at the Church of St. Mary the Virgin (Episcopal) in Times Square.

One of the world’s most successful African American organists, Hurd received first prizes in both organ performance and organ improvisation in 1977 from the International Congress of Organists (the only person ever to win both prizes in the same year). He has composed more than 100 choral and organ works, and his tunes can be found in many hymnals.

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**SERVICE MUSIC FOR LENT: “*Mass of Christ, Light of the Nations*”**

by Tony Alonso

***HOLY, HOLY, HOLY***

*Holy, holy, holy, O God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blest is the One who comes in the name of our God.  
Hosanna in the highest.*

***LAMB OF GOD***

*Lamb of God,  
you take away the sins of the world:  
have mercy on us.*

*Lamb of God,  
you take away the sins of the world:  
have mercy on us.*

*Lamb of God,  
you take away the sins of the world:  
grant us peace.*

The *Mass of Christ, Light of the Nations* by Roman Catholic composer Tony Alonso (born 1980), first published in 2016, is our service music for Lent.

Antonio (Tony) Alonso is a Cuban American composer and theologian. He earned a B.M. in choral conducting in 2002 from Northwestern University in Evanston, Illinois; an M.A. in theology in 2011 from Loyola Marymount University in Los Angeles; and a Ph.D. in religion (with a focus on liturgical and ritual studies) in 2017 from Emory University in Atlanta, Georgia.

Alonso is currently assistant professor of theology and culture at Candler School of Theology at Emory University, where he also serves as the inaugural director of Catholic studies.

Alonso’s musical compositions have appeared in hymnals throughout the world. He has also authored several books and articles on liturgy and liturgical music. At the Chapel, we have used his *Mass of Joy and Peace* (2010) as our service music for Epiphany, and his *Mass of Christ, Light of the Nations* (2016) as our service music for Lent.

Alonso credits being raised in the Catholic Church with providing an early introduction to liturgical music: “My 4th grade teacher asked me to sing at church once, and the rest is history.”

In 2015, Alonso was invited to compose the responsorial psalm for the first mass that Pope Francis celebrated in the United States (to canonize 18th century Franciscan missionary Junipero Serra). About this experience, he says: “My father is from Cuba. To be composing something for the first Latin American pope ... touched me on an especially personal level.”

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**PSALM 51: "Create in Me"**

by Bob Hurd

*Create in me a clean heart.  
Create in me a clean heart.*

*Have mercy on me, God,  
in your compassion.  
Remove my sin.  
Wash me from my guilt.*

*O purify my heart  
and teach me wisdom;  
then I shall be  
cleaner than the snow.*

*O give me back the joy  
of your salvation;  
a willing spirit  
sustain in me.*

**"Create in Me"** is a contemporary setting of Psalm 51 by Bob Hurd (born 1950), published in 1986.

Bob Hurd, Ph.D., has served as a teacher, composer, and liturgist in various pastoral and academic settings, including Loyola Marymount University in Los Angeles; the Franciscan School of Theology in Berkeley; St. Patrick's Seminary in Menlo Park, California; Santa Clara University; and most recently, the School of Theology and Ministry at Seattle University.

Hurd began composing music shortly after Vatican II in the late 1960s, when the need arose for new music for the Catholic Church that the whole assembly could sing. Thus began many years of composing music for the liturgy, including being named Pastoral Musician of the Year in 2010 by the National Association of Pastoral Musicians.

Hurd's most recent book, *Compassionate Christ, Compassionate People* (Liturgical Press, 2019), reflects his years of teaching, writing, composing, and serving as a pastoral musician. It was voted first place in the category of liturgy by both the Association of Catholic Publishers and the Catholic Press Association.

Hurd was also an early pioneer of bilingual and multilingual music. He currently lives in Claremont, California with his wife, Pia Moriarty, who has collaborated with him on much of his bilingual music.

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**LENTEN HYMN: “Give Me a Clean Heart”**

by Dr. Margaret Pleasant Douroux

*Give me a clean heart, so I may serve you.  
God, fix my heart, so that I  
may be used by you.  
For I’m not worthy of all these blessings.  
Give me a clean heart, and I’ll follow you.*

*I’m not asking for the riches of the land.  
I’m not asking for the proud to know my name.  
Please give me, God, a clean heart,  
that I may follow you.  
Give me a clean heart, and I’ll follow you.*

*Sometimes I am up and sometimes I am down.  
Sometimes I am almost level to the ground.  
Please give me, God, a clean heart,  
that I may follow you.  
Give me a clean heart, and I’ll follow you.*

“**Give Me a Clean Heart**” is a gospel song by Dr. Margaret Pleasant Douroux (born 1941). Written in 1970, soon after the death of her father, it was her first composition.

The text is based on Psalm 51 (verse 10), the psalm appointed for today: “Create in me a clean heart, O God, and put a new and right spirit within me.”

Margaret Pleasant Douroux was born in Los Angeles, California, to Olga and Earl A. Pleasant and was one of six children. Her father was a Baptist minister and gospel singer who toured with Mahalia Jackson. Earl later founded Mount Moriah Baptist Church in Los Angeles, and Olga provided musical leadership at the church and taught all six children to play piano.

At an early age, Margaret sang in the children’s choir at Mount Moriah Baptist Church. Then, for 12 years, she was director and accompanist for the young adult choir and orchestra at the church. During these years, Douroux was heavily influenced by African American gospel music.

In an interview in 2005, Douroux explained that both her father and mother are mentioned in the Smithsonian Archives as being pioneers of West Coast gospel music. “They were my strongest mentors,” she said.

Douroux attended Southern University in Baton Rouge, Louisiana, in the 1960s, and then earned a B.A. in music from California State University, Long Beach in 1964. She received both her M.S. in education (1968) and M.A. in educational psychology (1978) from the University of Southern California; and a Ph.D. in education from the University of Beverly Hills.

Douroux worked as an elementary school teacher for 13 years. She also worked as a second-grade teacher for two years, as a counselor, and as an educational psychologist for 12 years. She also worked with her surrounding community in music and schooling.

Douroux was the minister of music and the adult choir director for Mount Moriah Baptist Church in Los Angeles for 5 years, as well as minister of music and choir director for the Greater New Bethel Baptist Church in Inglewood for more than 30 years, retiring in 2015.

During her music career, Douroux wrote more than 100 gospel songs, some of which have been recorded by artists such as Nikki Giovanni, the Mighty Clouds of Joy, and James Cleveland’s Gospel Music Choir. She has also held gospel music workshops throughout the United States and Europe.

She also founded the gospel choir at St. Brigid Catholic Church in Los Angeles, when the congregation requested her services.

Some of her most popular works include “We’re Blessed,” “Rivers of Joy,” “Give Me A Clean Heart,” “If It Had Not Been for the Lord On My Side,” “Trees,” “I’m Glad,” “He Decided to Die,” and “What Shall I Render.”

Douroux is the founder and CEO of the Heritage Music Foundation (HMF), an organization advocating the advancement and preservation of gospel music.

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HYMN OF THE DAY: “*Spirit, Open My Heart*”

by Ruth Duck and Alfred Fedak

*Spirit, open my heart  
to the joy and pain of living.  
As you love may I love,  
in receiving and in giving.  
Spirit, open my heart.*

*God, replace my stony heart  
with a heart that’s kind and tender.  
All my coldness and fear  
to your grace I now surrender.*

*Write your love upon my heart  
as my law, my goal, my story.  
In each thought, word, and deed,  
may my living bring you glory.*

*May I weep with those who weep;  
share the joy of friend and neighbor.  
As I live from day to day,  
love will be my finest labor.*

“**Spirit, Open My Heart**” is a contemporary hymn by Ruth C. Duck (born 1947) first published in her 1998 collection *Circles of Care: Hymns and Songs*. It is set to the traditional Irish tune “Wild Mountain Thyme,” adapted into a triple rhythm by Alfred V. Fedak (born 1953) and first published in 2011.

Text and tune were reprinted in the ELCA’s 2020 supplemental hymnal *All Creation Sings* (ACS 1043).

Ruth Carolyn Duck was born in Washington, DC. She earned her B.A. in 1969 from Southwestern at Memphis University (renamed Rhodes College in 1984). She completed an M.Div. from Chicago Theological Seminary in 1973, an M.A. from the University of Notre Dame in 1987, and a doctorate in theology and liturgy from Boston University in 1989.

Duck was ordained in 1974 as a minister in the United Church of Christ (UCC). From 1974 to 1989, she served as a pastor at UCC parishes in Illinois, Wisconsin, and Massachusetts. From 1989 until her retirement in 2016, Duck was a professor of worship at Garrett-Evangelical Theological Seminary in Evanston, Illinois, where her teaching interests included congregational song, healing and reconciliation, and worship and the arts.

Duck currently lives in Wilmette, Illinois (a suburb north of Chicago), with her partner Ovaldo Buntin, a retired teacher in the Chicago public schools.

Early in her career, Duck noticed that the language used in worship resources and hymnals to name God was, almost exclusively, masculine. This inspired her to produce two inclusive language worship resources, *Bread for the Journey: Resources for Worship* and *Everflowing Streams: Songs for Worship*, both published in 1981. Since then, Duck has written many new hymns (texts and tunes), which have appeared in denominational hymnals in the last 40 years.

Alfred Fedak was born in Elizabeth, New Jersey, and graduated from Hope College (Holland, Michigan) in 1975 with majors in organ performance and music history. He then earned a master’s degree in organ performance from Montclair State University (Montclair, New Jersey), and has done additional study at Westminster Choir College (church music), Eastman School of Music (harpsichord), the Institute for European Studies in Vienna, Austria (music history), and Clare College, Cambridge, England (at the first Cambridge choral studies seminar).

Fedak has served as organist and choir director for several churches and synagogues. For more than 30 years, he was the minister of music at Westminster Presbyterian Church on Capitol Hill in Albany, New York. He now serves as organist at First Reformed Church in Scotia, New York; organist and choir director at Congregation Beth Emeth in Albany; organist and harpsichordist with the Capitol Chamber Artists; adjunct instructor at SUNY Schenectady School of Music; and composer-in-residence for the Hudson-Mohawk Chorale.

Fedak has published more than 300 choral and organ compositions, and his hymn tunes have been published in many recent hymnals around the world. He also served on the editorial committees for the hymnals *Sing! A New Creation* (Christian Reformed Church, 2001) and *Glory to God* (The Presbyterian Church, U.S.A., 2013).

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COMMUNION HYMN: “Seed That in Earth Is Dying”

by Svein Ellingsen (translated by Hedwig T. Durnbaugh) and Harald Herresthal

Seed that in earth is dying  
grows into ears of grain.  
Grapes that are crushed in the vessel  
turn into golden wine.  
God, through this mystery grant us  
faith in our deepest darkness,  
life in our night and death.

We were baptized in Jesus,  
into his death and grave,  
to resurrection's promise:  
praise and eternal life.  
Heaven's own praises begin here  
where you yourself are near us,  
deep in our night and death.

Seed that in earth is dying  
rises to bear much fruit.  
Christ, as we meet at your table,  
give us the bread of life.  
Lord, we do thank and adore you!  
Unceasing praise of the ages  
rises from night and death.

“Seed That in Earth Is Dying” is a contemporary Norwegian hymn, with text by Svein Ellingsen (1929–2020) and music by Harald Herresthal (born 1944).

Svein Ellingsen studied at the Norwegian Academy of Art and then taught in public schools in Norway. He was a key figure in the Nordic hymn renaissance of the 1960s, especially in his striving for what he called “the new simplicity.” His work was recognized not only by the Norwegian Lutheran church, but by the government of Norway, which in 1976 gave Ellingsen a lifelong scholarship (comparable to a half-time position) to write hymns. He later served on the committee that prepared the 1985 Norwegian Lutheran hymnal, *Norsk Salmebok*, and contributed 38 of his own hymn texts to that hymnal.

In 1978, Ellingsen published a collection of hymns, *Noen Må Våke* (Someone Must Keep the Watch). This was the 19th hymn in the collection.

The tune, “Såkorn som dør i jorden” by Harald Herresthal, takes its name from Ellingsen’s original Norwegian text.

Harald Herresthal was born in Neuwied, Germany, but grew up in Norway. For many years, he has been the organist in Majorstuen Kirke in Oslo and a professor at the Norwegian Academy of Music. He has published articles on Norwegian church music and composers, and has written hymn tunes, liturgical music, and cantatas.

The English translation by Hedwig Durnbaugh (born 1929) was published in the 2006 ELCA hymnal, *Evangelical Lutheran Worship* (ELW 330).

Hedwig (Hedda) Durnbaugh (née Raschka) was born in Austria and studied at the University of Vienna.

She met her future American husband, Donald F. Durnbaugh (1927–2005), when both were working with the Brethren Volunteer Service aiding German refugees after the Second World War. They were married in 1952 and had three children, Paul, Chris, and Renata. (Their son Chris, known professionally as Chris Raschka, is a graduate of St. Olaf College who now lives in New York City, where he is an award-winning author and illustrator of children’s books.)

Hedda Durnbaugh continued her graduate studies in the Chicago area at Northwestern University and Rosary College (now Dominican University). Her publications include a book, *The German Hymnody of the Brethren 1720–1903* (published in 1986), as well as articles on the hymnody of German-speaking communities in America, and English translations of many Scandinavian and German hymns.

Durnbaugh currently lives in Huntingdon, Pennsylvania, where her late husband was a professor of church history.

She is also the translator of another Norwegian hymn text by Svein Ellingsen, “We Raise Our Hands to You” (ELW 690).

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**SENDING HYMN: “Be Now My Vision”**

by Mary E. Byrne, Eleanor Hull, and David Evans

Be now my vision, O God of my heart;  
nothing surpasses the love you impart.  
You my best thought, by day or by night,  
waking or sleeping, your presence my light.

Be now my wisdom, and be my true word;  
ever within me, my soul is assured.  
Mother and Father, you are both to me;  
now and forever your child I will be.

Riches I heed not, nor life's empty praise,  
you my inheritance, now and always:  
you and you only are first in my heart,  
great God, my treasure, may we never part.

Light of my soul, after victory won,  
may I reach heaven's joys, O heaven's Sun!  
Heart of my own heart, whatever befall,  
still be my vision, O Ruler of all.

“Be Now My Vision” (Old Irish: *Rop tú mo baile*) is an ancient Irish poem (dating from the 8th century or earlier) found in two medieval manuscripts in the Royal Irish Academy Library.

Mary E. Byrne (1880–1931) provided a literal translation into English prose in *Eriú*, the *Journal of the School of Irish Learning*, in 1905.

Mary Byrne was born in Dublin. She studied at the Dominican convent there and at the University of Ireland (MA, 1905). A specialist in Gaelic, she was a researcher and examiner in English and Irish for the Civil Service Commission, a contributor to the *Dictionary of the Irish Language*, and the author of *England in the Age of Chaucer*.

Eleanor Hull (1860–1935), author of several books on Irish literature and history, rearranged the text into verse, and published it in her *Poem-Book of the Gael* in 1912. Hull's version is the basis for the modern hymn text.

Eleanor Hull was born in Manchester, England, and studied at Alexandra College and the Royal College of Science in Dublin. A scholar of Irish art and literature, she founded the Irish Text Society in 1899, was president of the Irish Literary Society in London, edited *Lives of the Celtic Saints*, and wrote several books, including *Early Christian Ireland* (1904), *A Text Book of Irish Literature* (1906), and *A History of Ireland* (two volumes, 1926–1931).

The tune, “Slane,” is a traditional Irish melody. (Slane is the name of a hill some ten miles from Tara, County Meath, Ireland, where St. Patrick is said to have defied the Druid King Loegaire by lighting an Easter Eve fire.)

David Evans (1874–1948), a Welsh musician and composer, prepared this harmonization for the Church of Scotland's *Church Hymnal* in 1927.

David Evans was born at Resolven, Glamorgan (a small village in Wales). He worked in the coal industry as a teenager, but won a music scholarship and enrolled in the University of Wales, Cardiff, in 1895. He then served as organist and choirmaster of Jewin Calvinistic Methodist Church in London.

In 1908, Evans became a professor of music at Cardiff, succeeding Joseph Parry, his former teacher. He spent a great deal of time researching folk tunes of the British Isles. Most of his compositions were of a religious nature, including many hymns.